

Statistics Report 15012, Fish, caviar, black and red, granular

Report Date: June 25, 2017 17:46 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	47.50	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Energy	kcal	264	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2010
Energy	kJ	1105	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2010
Protein	g	24.60	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Total lipid (fat)	g	17.90	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Ash	g	6.50	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Carbohydrate, by difference	g	4.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	09/1987
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Minerals													
Calcium, Ca	mg	275	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Iron, Fe	mg	11.88	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Magnesium, Mg	mg	300	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Phosphorus, P	mg	356	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Potassium, K	mg	181	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Sodium, Na	mg	1500	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Zinc, Zn	mg	0.95	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Copper, Cu	mg	0.110	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Manganese, Mn	mg	0.050	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Selenium, Se	µg	65.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	09/1987
Thiamin	mg	0.190	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Riboflavin	mg	0.620	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Niacin	mg	0.120	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Pantothenic acid	mg	3.500	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Vitamin B-6	mg	0.320	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Folate, total	µg	50	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	50	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2010
Folate, DFE	µg	50	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2010

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Choline, total	mg	490.9	--	--	--	--	--	--	--	--	Calculated or imputed	01123	05/2007
Vitamin B-12	µg	20.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	271	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2010
Retinol	µg	271	--	--	--	--	--	--	--	--	Calculated or imputed	01123	05/2007
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Vitamin A, IU	IU	905	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2010
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Lutein + zeaxanthin	µg	648	--	--	--	--	--	--	--	--	Calculated or imputed	01123	05/2007
Vitamin E (alpha-tocopherol)	mg	1.89	--	--	--	--	--	--	--	--	Calculated or imputed	01123	05/2007
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	2.9	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/2010
Vitamin D3 (cholecalciferol)	µg	2.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D	IU	117	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin K (phylloquinone)	µg	0.6	--	--	--	--	--	--	--	--	Calculated or imputed	01123	05/2007
Lipids													
Fatty acids, total saturated	g	4.060	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
14:0	g	0.212	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
16:0	g	3.555	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:0	g	0.293	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total monounsaturated	g	4.631	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
16:1 undifferentiated	g	1.043	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:1 undifferentiated	g	3.165	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:1	g	0.309	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:1 undifferentiated	g	0.114	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total polyunsaturated	g	7.405	--	--	--	--	--	--	--	--	Calculated or imputed	--	09/1987
18:2 undifferentiated	g	0.081	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:3 undifferentiated	g	0.017	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:4	g	0.033	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:4 undifferentiated	g	0.505	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	2.741	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:5 n-3 (DPA)	g	0.229	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	3.800	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Cholesterol	mg	588	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Amino Acids													
Tryptophan	g	0.323	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Threonine	g	1.263	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Isoleucine	g	1.035	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Leucine	g	2.133	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Lysine	g	1.834	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Methionine	g	0.646	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Cystine	g	0.449	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987
Phenylalanine	g	1.071	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	09/1987

[illegible]

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2001
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2001